**Mt. Hebron High School**

**Parent Information Night for Incoming High School Athletes**

**Monday June 12th 6:30 PM**

**Mt. Hebron Auditorium**

**Monday, June 12th at 6:30 PM** the Mt. Hebron Administration and Coaching Staff will host an **Incoming 9th Grade Sports Information Session** in the auditorium. This meeting is for incoming 9th grade students and parents who are interested in trying out for high school sports/athletics next school year.   If you are a parent of an incoming 9th grade student who is interested in high school athletics, please attend this meeting.

The following topics will be covered by the Administration:

-Sports Seasons

-Sports Offered by Season

-Tryout Dates, Times, Locations

-Athletic Registration in Connect

      Physicals

      Parent Permission

      Concussion forms

      Sudden Cardiac forms

      Residency Documentation

-Athletic Eligibility

-HCPSS Sport Specific Athletic Policies and Procedures

Immediately following the parent meeting, we will hold a **Meet the Coaches Session** in the Auditorium from 7:00 PM until 7:30 PM.

**Topics discussed by the coaches....**

* Coaching staff contact information
* Summer conditioning/workout schedule
* Summer Booster Camp information
* Fall Tryout dates, times, locations
* Sport specific equipment for tryouts/practices

\*The Viking Backers will be on site to answer questions and to sell spirit wear starting at 6:00 PM.